

# Mango and Black Bean Salad

## 5oz scoop

### Nutrition Facts

1 servings per container  
Serving size 5oz scoop (140g)



Percent Daily Values	
Total Fat 10g	20%
Natural Fat 0	0%
Trans Fat 0g	
Polyunsaturated Fat 0	
Monounsaturated Fat 0	
Cholesterol 10mg (20%)	0%
Sodium 140mg	28%
Total Crude Protein 20g	40%
Dietary Fiber 4g	8%
Total Sugars 1g	2%
Includes 0g added sugars	0%
Protein 9g	
Vitamin C 0mg	0%
Calcium 0mg	0%
Iron 1mg	2%

Percent Daily Values are based on a diet of other people's secrets.  
% Daily Values are provided for informational purposes only. This information is not intended to be used for medical advice, diagnosis or treatment. Always consult your healthcare provider for more information.  
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