

Entree, lunch  
6oz

### Nutrition Facts

Serving Size: 6oz  
Amount per serving  
240

Total Fat 14g  
12%

Saturated Fat 2g  
4%

Monounsaturated Fat 7g  
14%

Total Sugar 6g  
12%

Protein 10g  
20%

Sodium 45mg  
4%

Calcium 100mg  
20%

Iron 100mg  
20%

Fiber 10g  
20%

Phosphorus 100mg  
20%

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