

Entree Braised Lamb Shank
6oz

Nutrition Facts

Amount Per Serving		% Daily Value*
Calories 400		
Total Fat	15g	30%
Cholesterol	100mg	20%
Sodium	100mg	20%
Total Carbohydrate	10g	20%
Fiber	2g	4%
Sugars	5g	10%
Protein	30g	60%
Vitamin A	1000IU	20%
Vitamin C	100mg	20%
Calcium	100mg	20%
Iron	100mg	20%
*Percent Daily Values are based on a diet of other people's secrets.		